

BAY TO BOWL

August 11-13, 2017

You've heard of farm to table now experience Bay to Bowl. The NJ Division of Fish and Wildlife in partnership with the Conserve Wildlife Foundation of NJ is excited to offer a 3-day 2-night locavore program for adults, 21 years old and older, interested in learning what's edible in and around Barnegat Bay.

Participants will kayak their way through the salt marsh spending time identifying and harvesting edible plants, algae, digging clams, and netting crabs, all while learning about the salt marsh ecosystem, conservation, and renewable resources. Time will also be spent learning how to fish and that some fish you thought you couldn't eat you can!

Participants will stay at the Sedge House, a renovated ducking hunting lodge, that has 7-bunk rooms (you may have to share a room) while living a conservationist lifestyle. Participants should come with open minds and empty stomachs! (Food allergies may not be able to be addressed.)

Participants will:

- Learn what's edible in and around Barnegat Bay.
- Learn how to identify, harvest and prepare sustainable local cuisine.
- Learn to shuck clams and oysters, and how to fillet fish.
- Leave with a deeper understanding of our natural environment and the importance of being a good steward.

Location: Sedge Island Natural Resource Education Center, Seaside Park, NJ

Facility:

The "Sedge House" is a renovated duck hunting lodge, equipped with a common room, 7 bunk-rooms, 2 composting toilets, a full kitchen, dining room, front porch, an upper back deck, and an outside shower to rinse off.

Requirements:

- Participants must purchase their Recreational Shellfish License. Licenses can be purchased at: www.nj.wildlifelicenses.com
- Participants must register with the Saltwater Registry at: www.nj.gov/dep/saltwaterregistry/

Cost:

\$325, includes lodging, meals, instruction, recipes, clam knife, oyster knife, apron and more!

Reservations are on a first-come-first-serve basis. The completed form and check are required to reserve your space for the workshop. Registration is non-refundable, unless 2 weeks notification of cancellation is provided.



For more information or questions contact
Karen at 609-748-4347 or karen.byrne@dep.nj.gov