

# Outdoor Women of New Jersey's Sedge Island Sampler

August 4, 2018  
7:30 am to 5:30 pm

The Sedge Island Sampler is part of the NJ Division of Fish and Wildlife's "Outdoor Women of New Jersey" (O.W.N.J.) program. O.W.N.J. workshops are designed to provide **women 18 years of age or older** with a welcoming environment in which to learn outdoor skills. These workshops are for you if you are a newcomer to the outdoors, an outdoor enthusiast who wants to learn new skills, or someone who wishes to network with other outdoor enthusiasts.

## About the Workshop:

Participants will meet at 7:30 a.m. at Island Beach State Park in Seaside Park, NJ on August 4<sup>th</sup> to check-in and travel to Sedge Island by pontoon boat. All classes will begin and end on Sedge Island. You may choose **two** of the four activities offered, a morning session and an afternoon session. (See session descriptions on page 2.) All classes will be hands-on and include mucking about in the bay. All equipment will be provided for all sessions.

## Workshop Fee:

**\$25.00.** Fee includes transportation to and from Sedge Island, use of equipment and materials, and lunch.

## Facilities:

The Sedge Island Natural Resource Education Center is a renovated duck hunting lodge located in NJ's only marine conservation zone, just off Island Beach State Park, in Barnegat Bay. This residential education center has running water for washing hands, two composting toilets, picnic tables both outside and inside to enjoy lunch, and sun deck. We will have lunch on the island but will be spending most of the day exploring the bay and islands in various ways. **There WILL be BUGS!** If you can't tolerate bugs, then this is not a workshop for you.

## Registration:

Complete the registration form on page 3, make check or money order for \$25.00 payable the **NJOA-EP** (NJ Outdoor Alliance-Environmental Projects) and mail to: Karen Byrne, NJ Division of Fish & Wildlife, PO Box 418, Port Republic, NJ 08241. Upon receipt of your registration and payment, you will be **e-mailed** a confirmation notice, directions, and a list of items you need to bring to be prepared. **Registration deadline is July 23, 2018** (provided space is still available).

**NOTE:** Registration is **limited to 30 participants** and registrations are taken on a first-come, first-served basis.

## Requirements:

Participants who are fishing must register with the Saltwater Registry at: <http://www.nj.gov/dep/saltwaterregistry/index.html> . Registration is free.

## Cancellation:

The deadline for cancellation is July 27, 2018. If you cancel before that date, you will receive a full refund. After that date, no refunds will be issued. You may send a substitute if you are unable to attend provided they complete the application form prior to the event.

## Questions?

Contact Karen Byrne at [karen.byrne@dep.nj.gov](mailto:karen.byrne@dep.nj.gov) or (609) 748-4347.



# Class Descriptions

## Sedge Island Sampler for O.W.N.J.

**A. Bay Fishing:** Go small boat fishing in scenic Barnegat Bay. Participants board a Carolina Skiff or pontoon boat and head out into the bay to fish. General information about tackle, bait, rods and reels, and fishing strategies will be discussed as you cast their lines into the sparkling water of the Bay.



**B. Bay Fishing Basics:** Learn the basics of fishing on the Barnegat Bay. Participants will learn how to tie knots and what bait and tackle to use when targeting summer flounder, bluefish and striped bass. Participants will get to use various fishing methods during this session.



**C. Crabbing & Clamming:** Participants will try their hand at “catching” some of nature’s delicacies using hard lines, dip nets, crab traps and pots. Participants will also learn how to tread and rake for clams, using different types of equipment, read shellfisheries charts, locate beds, and discuss regulations. Be prepared to get wet and muddy!



**D. Kayaking:** Participants will use 2-person, sit upon kayaks (no experience necessary, but physical conditioning is – you must be able to paddle at a fairly steady rate) to take a tour through the sedge islands. There will be stops taken to seine, and explore the flora and fauna of the islands. Be prepared to get wet and muddy!

